

The Centre for Cancer Prevention in Piedmont (CPO) and Prevenzione Serena screening centres in Turin are in charge of the co-ordination and training of the screening programmes at a regional level. Prevenzione Serena's screening programme is made in collaboration with Piedmont Region, Health Care Centres, Local Governments, Medical Association, General Practitioners, Piedmont Faculties of Medicine, Pharmacies' Association. It's an institutional communication initiative.

IN ADV

PAP TEST A date with your health.



PREVENZIONE SERENA, the programme of early diagnosis of female tumours INVITES all women between 25 and 64 years old, living in Piedmont, to take part to the cervical cancer screening. Women can make for free, a Pap smear ,every three years, in specialised medical centres.

PREVENZIONE SERENA

PREVENZIONE SERENA TAKES CARE OF ALL WOMEN'S HEALTH.

**Are you between 25 and
64 years old?
Prevent cervical cancer!**

WHAT IS CERVICAL CANCER SCREENING?

It consists in performing, every three years, a simple examination, the Pap smear. It allows to recognise the disease even when no symptoms occur and detect abnormalities, that are not a cancer yet, but if left untreated, could lead to it.

In this way, the possible treatments are less invasive and traumatic and give more chances of recovery and having your life saved.

FOR THESE REASONS IT IS IMPORTANT TO HAVE THE PAP SMEAR ALSO WHEN YOU ARE IN GOOD HEALTH.

WHAT IS THE PAP SMEAR?

It is a simple and painless examination that takes only few minutes. It is performed exclusively by female staff (midwives). This test consists in taking a sample of matter (cells) from the cervix to examine it at the microscope.

WHAT HAPPENS AFTER THE PAP SMEAR?

You should receive the result of your smear test in writing at home. If everything is regular, you will be invited for a routine smear test every three years, otherwise you will be recalled for further investigations.

Other things to know:

- it is not possible for you to be tested during your period**
- avoid the use of vaginal suppositories, cremes and lavages for five days before the test**
- avoid sexual intercourse without condom for 24 hours before the test**
- the prescription is not necessary**
- every step of the screening programme is submitted to regular quality controls.**

The pap smear is free.

PREVENZIONE SERENA